# East Anglian VTTA (70 riders) (Preference to 40 VTTA members)

# VTTAEA 10TT 6th July 2023

06/07/2023 19:30 F2A/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

Startsheet for: East Anglian VTTA (70 riders)(Preference to 40 VTTA members) 06/07//2023 Promoted for and on behalf of Cycling Time Trials under its rules and regulations

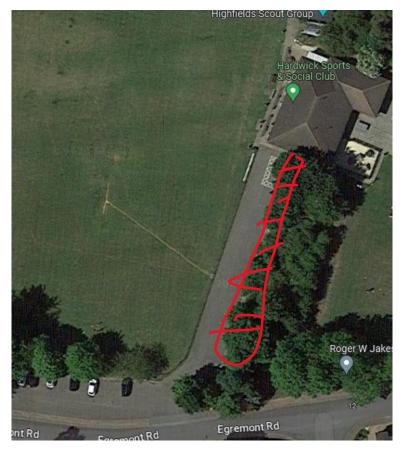
# Headquarters

Hardwick Sports & Social Club

12 Egremont Rd, Hardwick, Cambridge CB23 7XR

Please park responsibly. This is a new HQ for us so please respect the facilities, we do not have sole use. There will be no Results board and no refreshments. There will be a sign on and numbers in the entrance lobby, don't forget to sign out and return your number.

THE MANAGEMENT OF THE CLUB HAVE REQUESTED THAT WE DO NOT PARK IN THE BAYS THAT RUN UP TO THE HQ. THE CLUB HAS SOME ELDERLY MEMBERS! PLEASE USE THE BAYS ADJACENT TO THE ROAD, OR THE ROAD ITSELF.



PLEASE DO NOT PARK IN THE RED BOX

NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ

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# **Route from HQ to start**

Turn left out of HQ onto Hardwick Road, Turn left onto St Neots Road. At roundabout take first road. Start approx 120 meters on right. Overall 1 mile to start from HQ

# **Course details**

START (GR367598) on old A428 eastbound, about 120 yds east of Hardwick RAB, 40 yards west of western end of Armco barrier. Proceed to Hardwick RAB where 1st exit onto A428 westbound, under Cambourne flyover junction to:-TURN (4.63 mls.) at Caxton Gibbett RAB (junction with A1198). Retrace A428 eastbound, under Cambourne flyover and Hardwick flyover to:- FINISH (GR377597) in layby, about <sup>3</sup>/<sub>4</sub> mile past Hardwick F/O, at a point 22 yards east of (past) P sign.

Police Area(s) Cambridgeshire

The finish is on the Dual carriageway **DO NOT STOP AT THE FINISH take the next** slip road to roundabout take the 3rd exit to Hardwick on the old road St Neot's Road.

#### Local regulations

Please note that for 2018 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as DNF.

#### REGULATIONS

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 2 - Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points

Please be aware that the A428 is a major dual carriageway trunk road. Exercise caution at all times, especially when negotiating turns. Marshalls will be at key locations along the course and looking out for potentially dangerous actions in particular, head down riding.

Rear Cycle Lights No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Front Cycle Lights: No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Helmets: All competitors must wear a properly affixed helmet which must be of hard/soft shell construction.

On finishing the race, riders should not stop at the finish and try to avoid loitering at the HQ or parking areas but sign out promptly and leave the race as soon as possible.

Results will be published on the relevant websites once all are confirmed.

### **Organiser contact details**

Michael Martin 7 Penfold Close, Baldock, Herts, SG7 6UT 07873707826 mwmartin\_actuary@hotmail.co.uk

#### Time keepers/officials

Time keepers Tim Groves, Gordon Hart

# **Course records**

#### Solo Male

00:17:55 Michael Gill 24-Jul-21 | Chronos RT

#### Solo Female

00:21:10 Sophie Lankford 28-Jul-18 | Chronos RT

#### Awards/prizes

As Per EA VTTA table of awards

#### NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.